



PRESS RELEASE: 09.02.12

Are you brave enough to abseil for SSIT?

Spinal injury charity announces Spinnaker Tower abseil, Sunday 22 April 2012

A truly exhilarating experience is guaranteed when volunteers sign up for the Southern Spinal Injuries Trust (SSIT) Abseil at the Spinnaker Tower on 22 April 2012. The charity, which supports the region's specialist spinal centre in Salisbury, is looking for gutsy volunteers to take part in this event, and brave the descent of the UK's tallest public viewing tower – the Spinnaker Tower in Portsmouth.

Limited to just 30 people, the event offers the chance to abseil from a 100-metre/320-foot platform, taking in breathtaking views of Portsmouth Harbour and beyond... all while avoiding the urge to look down! The Army Abseil team from the Royal Artillery will be running the event so there will be expert tuition and plenty of laughs to calm those nerves.

All money raised will go to support the Duke of Cornwall Spinal Treatment Centre in Salisbury and people with spinal cord injury in the South and South West of England. SSIT's current project is to fund a pioneering rehabilitation garden at the Spinal Centre. Horatio's Garden will be ready for use by the summer. In addition, the charity continues to fund requests for much-needed equipment for individuals in the region so on-going fundraising is essential.

SSIT Trustee Jeremy Major said: "We are looking for volunteers to help make this event a real success. This is a serious abseil and offers a real challenge for those with a daredevil spirit!"

Registration for the SSIT Spinnaker Tower Abseil costs just £50 per person with a minimum sponsorship of £250. Full details, including online registration, via www.ssit.org.uk

**Further information from
Sue Hall**

e: sue.hall@ssit.org.uk

t: 01985 841194

m: 07769 953 537 (on the day)